

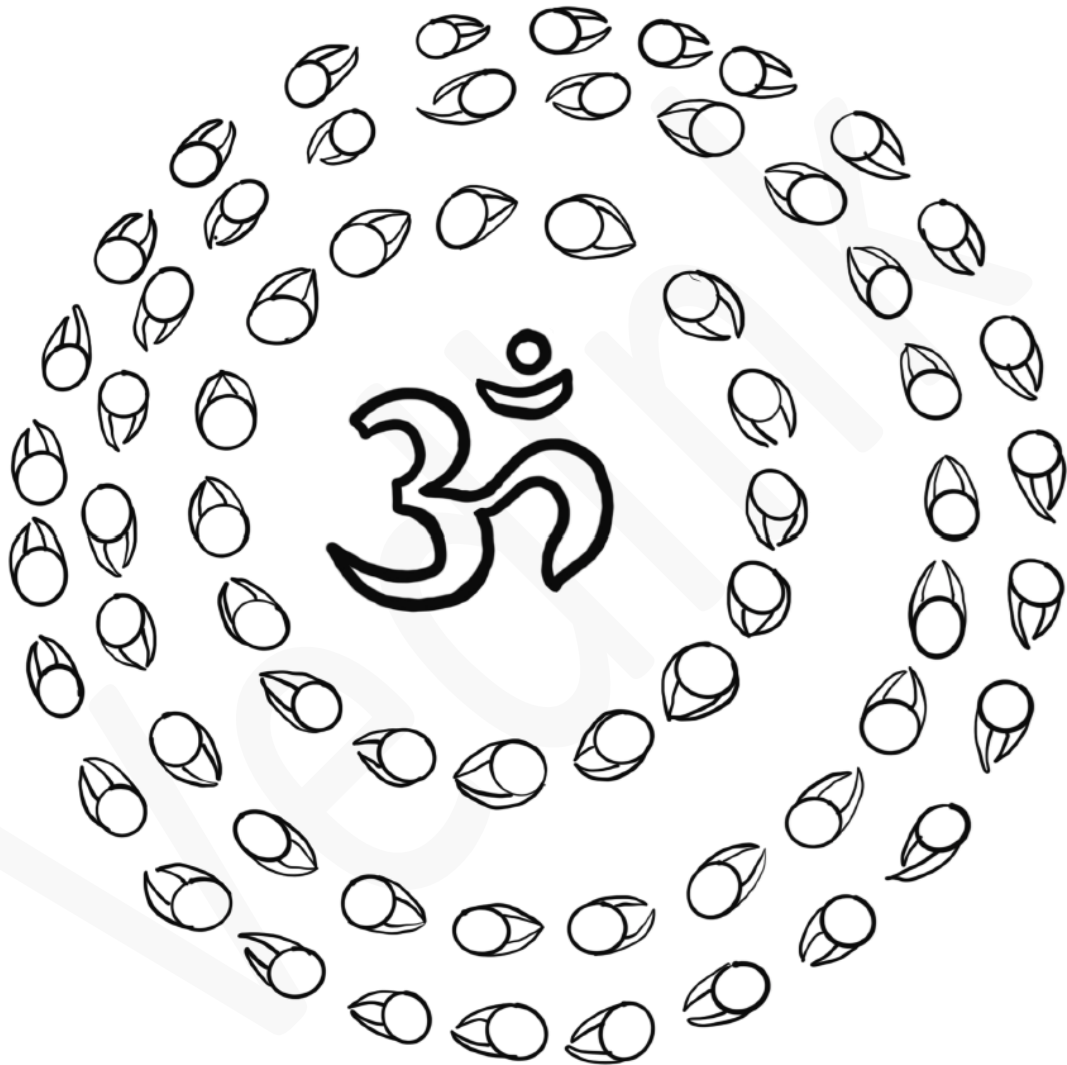
# **The Numbers of Navratri**

Vedank

0

# Zero Lines

0



Garba has many circles, connecting people from all ends.  
And as we pray, dance and sing together-- we become equal friends.  
Because with God in the center, there can be no zeros.  
We go from shunya to punya—we go from zeros to heroes.

1

# One Festival

१

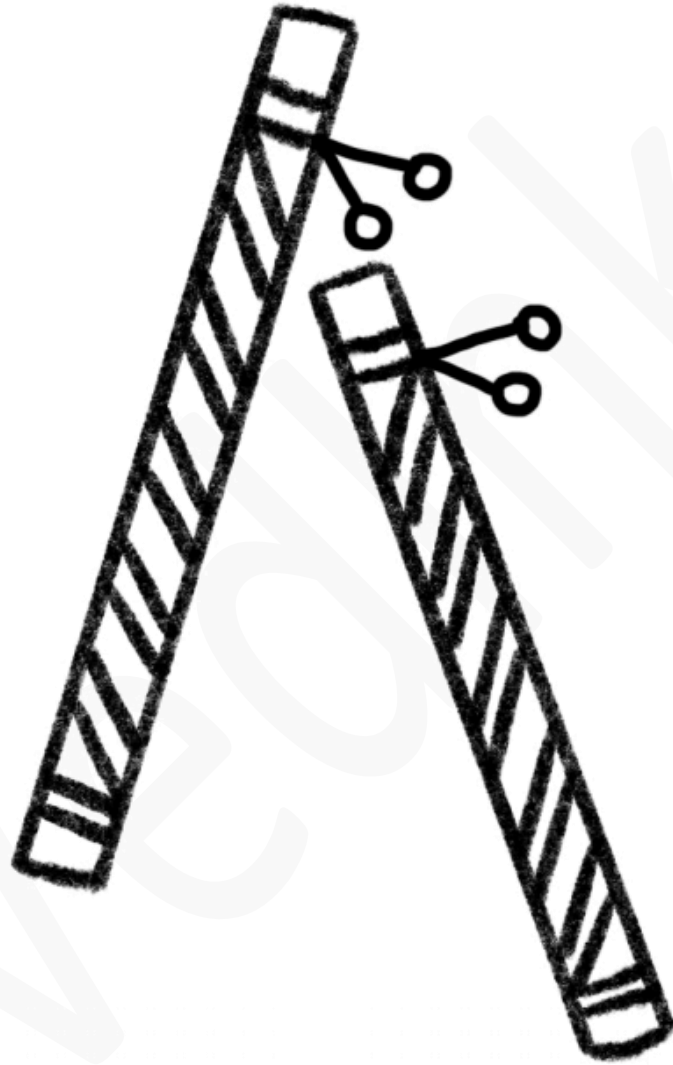


Food, fun, dancing and laughing for nine days.  
Each day brings new joy—new things to amaze.  
But beyond all the fun, one thread keeps us together.  
So be good and always keep God as your tether.

2

## Two Dandiya Sticks

२



We replicate Mother Durga's ancient battle with Mahisasur.

With dandiya as our swords, we become our own Savior.

Because we have power and strength when we dance to God's beat.

Like Radha and Krishna, together we are complete.

3

# Three Goddesses

3

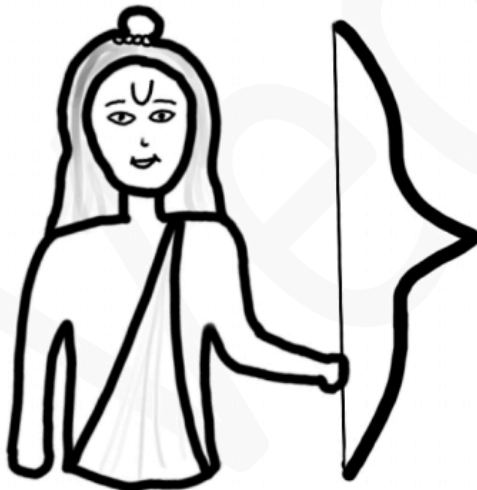


Kaali, Laxmi and Saraswati are celebrated in turn.  
Strength, wealth and knowledge from them we can learn.  
In each of us the three goddesses reside.  
So awaken them all and stand tall with pride.

4

# Four Brothers

४



Laxman, Shatrugna, Bharat and Rama.

Four brothers, four heroes, four pillars of awe.

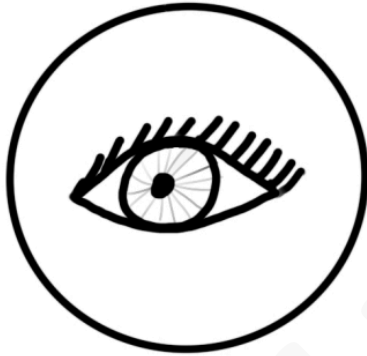
Though on their own, they each were mighty and bright.

When they came together, they radiated pure sunlight.

5

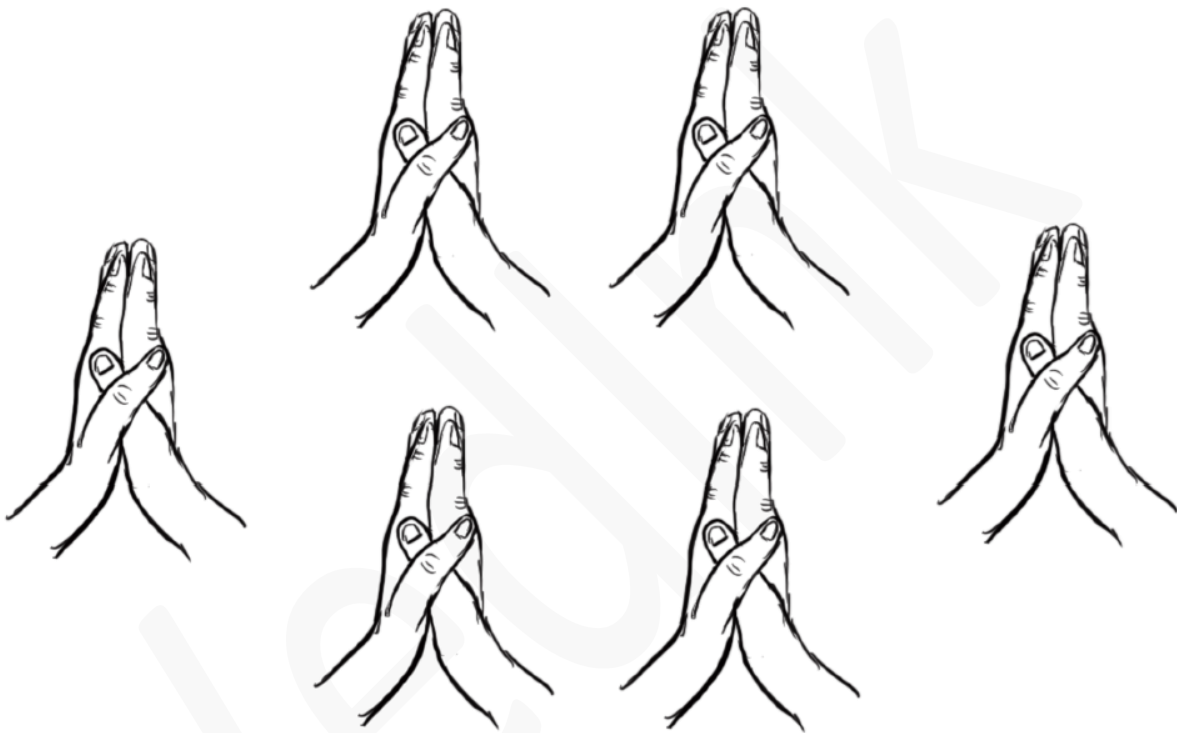
# Five Senses

4



Smell the fragrant agrabati, and be calming, just like it.  
Hear the harmonious music, and add your own voice to the mix.  
Touch the heavy dandiya and be as strong as they are.  
Taste the many sweets, and be as sweet as they are.  
See the beautiful colors, and know that you are beautiful too.

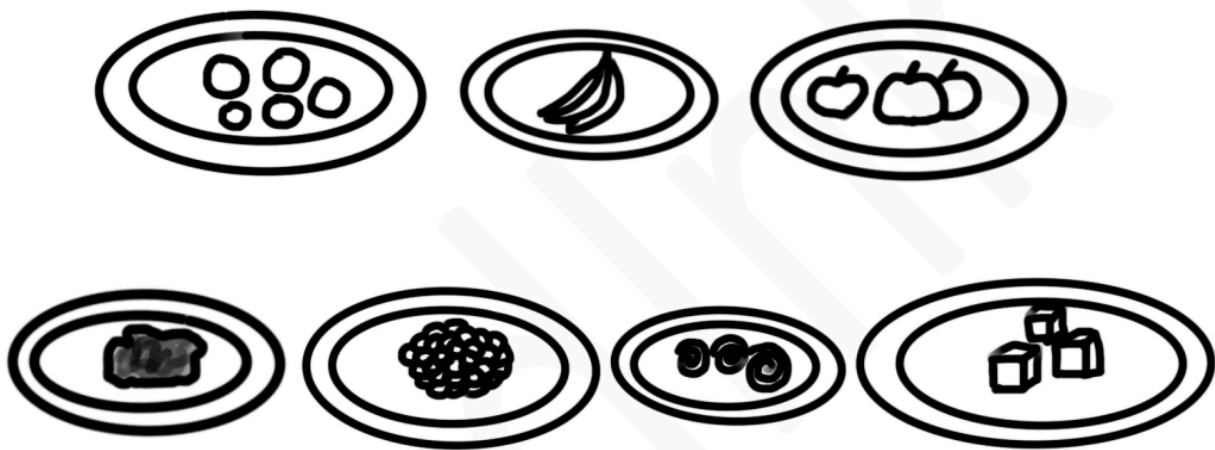
# 6 Six Prayers of Thanks 5



Thank you for my family.  
Thank you for my health.  
Thank you for my clothes.  
Thank you for my wealth.  
Thank you for everything I have today.  
But, most of all, thank you for each and every day.



# 7 Seven Plates of Prasaad 9



We offer sweets, fruits and nuts to God,  
Then share in the offerings as a prasaad.  
But the best thing we can give to God, who needs nothing,  
Is to be like prasaad-- sweet, scrumptious and loving.

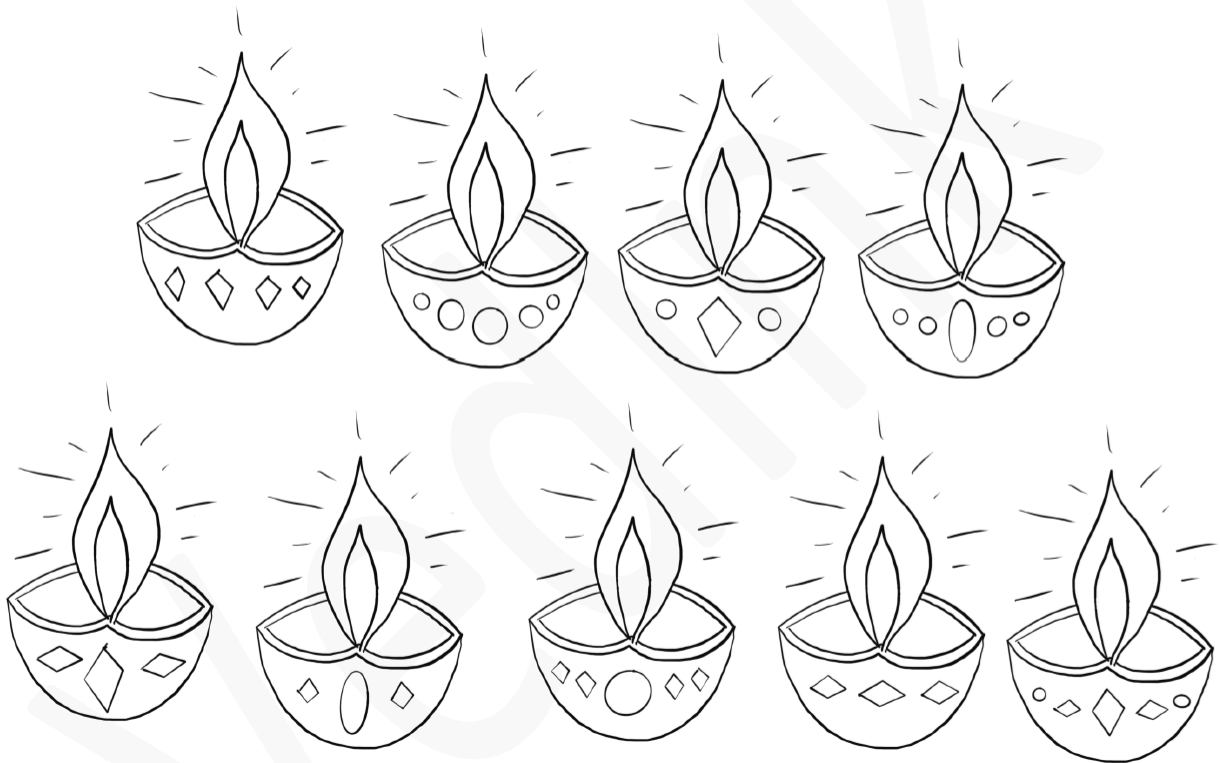
# 8 Eight Hands of Durga



Each hand holds a different weapon gifted by the gods.  
But it was her inner strength that led to victory against all odds.  
She fought like a girl-- quick, nimble, fierce and strong.  
She fought for the world-- to bring justice to the wronged.

9

# Nine Nights



We celebrate Navratri for nine days and nine nights,  
To teach us we are like Durga. We, too, have might.  
For life can be rough and we may have to fight.  
But with God as our light, our lives will shine bright.

# 10 Ten Claps for Victory १०



No matter the obstacles that come in our way,  
With goodness and God we cannot go astray.  
Ram, Krishna and Durgas' efforts we applaud.  
So on Dushera we celebrate our inner goddesses and gods.